# Go Greased Lightning

Description: Phrased Novelty Difficulty: Intermediate Choreographer: Michele Burton Date: Dec. 2005

Suggested Music: Greased Lightning Soundtrack: Grease

**ARM INTRO** 

It's automatic – POSE Right arm straight up in air, point finger to sky, left hand on hip, fingers pointing to floor,

Left leg straight, Right knee popped, facing right

It's systematic – POSE Pull arms in toward waist, elbows bent, forearms facing upward, feet apart, legs straight

It's hy...dromatic – POSE Roll hips during hy.....dramatic – Place arms in 'T' on last BEAT

Why, it's Greased Lightning..... (circular arm motion)

On the Words:

Greased: Left arm comes to thigh- right arm still in 'T'

Light: Left arm even with right arm

Ning: Left arm continues to do full circle around and back to right arm

. . . Left elbow nudge, nudge, nudge to left while shifting wt to left foot and sliding right foot to left

#### PART A

## 1-8 SHUFFLE RIGHT, ROCK STEP, SHUFFLE LEFT, ROCK STEP

1&2, 3-4 Right step right; Left step beside right; Right step right; Right rock back; Left step in place 5&6, 7-8 Left step left; Right step beside left; Left step left; Left rock back; Right step in place

#### 9 - 16 SHUFFLES ON RT DIAGONAL/LEFT DIAGONAL, VAUDVILLE WALKS

1&2, 3&4 Right diagonal shuffle in place; Left diagonal shuffle in place

5 - 8 Right step with twisting motion right; Left step with twisting motion left; Right step with twisting motion

right; Left step with twisting motion left (these 4 cts. move forward)

#### 17-24 STEP TOUCH, ½ TURN TOUCH, STEP TOUCH, ½ TURN TOUCH

1 - 4 Step forward on right foot; Touch left beside right; Turn ½ left, stepping forward on left foot; Touch right

beside left

5 - 8 Step forward on right foot; Touch left beside right; Turn ½ left, stepping forwardon left foot; Touch right

beside left

## 25-32 JUMP UP CLAP, JUMP BACK CLAP, TOE HEEL RT DIAGONAL, TOE HEEL LEFT DIAGONAL

&1,2&3,4 Right foot step forward; Left foot step forward; Clap; Right foot step back; Left foot step back; Clap

5 – 6 Right toe touch to forward right diagonal; Drop right heel and snap fingers; Left toe touch to forward left diagonal; Drop left heel and snap fingers

#### 33-40 CROSS HOLD, SIDE HOLD, CROSS BACK SIDE, HOLD

1 – 4 Right cross over left; Hold; Left step to left; Hold (arms swing right, then left)

5 – 8 Right cross over left; Left step back; Right step right; Hold

#### 41-48 CROSS HOLD, SIDE HOLD, CROSS BACK SIDE TOGETHER – with shimmies

1 – 4 Left cross over right; Hold: Right step to right; (arms swing left, then right)

5 – 8 Left cross over right; Right step back; Left step left; Right step beside left (shoulder shimmies cts. 5 – 8)

# 49-56 OUT TOGETHER, OUT TOGETHER (jumping jacks), RUN (slightly) FORWARD

1 - 4 Jump both feet apart; Jump both feet together; Jump both feet apart; Jump both feet together 5&6&7&8 On balls of feet, run slightly forward, starting with the right foot, ending with feet together

#### PART B GO GREASED LIGHTNING

## 1 – 8 RIGHT HAND MOVE

1 Jump feet apart while placing right arm to right (looking & pointing index finger to 3 o'clock)

2 – 8 Knee bounce while moving right hand/arm to position straight in front of body, parallel to ground

(watch the movie ©) (bounce with knee bend to beat of music) (you're looking straight ahead now by

count 8)

## 9 - 16 ARM MOVEMENT IN, UP, IN, OUT

1 - 4 Bring right hand in, elbow pointing at floor, hand fisted; Shoot it straight up in air; Bring it back in to body;

Shoot it out straight to right

5-8 Repeat 1-4 Hips can move side to side, keeping in time to the music

#### 17 - 24 LEFT HAND MOVE

1 – 8 With feet still apart, place left arm to left (looking & pointing index finger to 9 o'clock)

Knee bounce while moving left hand/arm to position straight in front of body, parallel to ground.

(watch the movie ©) (bounce with knee bend to beat of music) (you're looking straight ahead by count 8)

#### 25 - 32 ARM MOVEMENT IN, UP, IN, OUT

1-4 Bring left hand in, elbow pointing at floor, hand fisted; Shoot left hand straight up; Bring it back in to body;

Shoot it out straight to left

5-8 Repeat 1-4 Hips can move side to side, keeping in time to the music

## 33 -40 ARM POSES TO BEAT (hands fisted for entire sequence)

1 – 3 Bring both hands in, elbows pointing at floor, hands fisted; Shoot both arms straight up; Bring both arms

to "T" position

4-5 Hold; Hold

6 – 7 Bring both arms forward, straight in front of you: Pull arms in toward waist, elbows bent, forearms facing

upward

8 Hold

#### 41 – 48 SHOULDER DROPS, STEP IN PLACE (bringing feet together)

1 − 4 Rotate shoulder drops, R,L,R,L (if they go the other way....not to worry :©)

5&6&7&8 Step L R L R L R L, on balls of feet, bringing feet together and moving backwards)

(Throughout this count of 8, arms are still in the position from the previous count of 8)

#### REPEAT PARTS A & B

MINI A Do the first 32 cts. of Part A MINI A Do the first 32 cts. of Part A

# PART C MODIFIED HAND JIVE

1 - 4 Slap thighs with both hands; clap; cross right hand over left; cross left hand over right

5 – 8 Touch right fist on top of left fist; Touch left fist on top of right fist; Hitch hike right thumb over right shoulder; Hitch hike left thumb over left shoulder

& Jump ¼ turn to the left

## REPEAT MODIFIED HAND JIVE 3 MORE TIMES. You'll be facing the 3:00 wall

MINI A Turn to the front wall and Do the first 32 cts. of Part A

MINI A Do the first 32 cts. of Part A
PART C Repeat MODIFIED HAND JIVE 4X

PART B Turn to the front wall – Do PART B (Go Greased Lightning)

ENDING Walk to a clump in the middle of the floor and give your audience a pose for a fabulous Broadway ending

☺.