

# Sugar

**Count:** 32      **Wall:** 4      **Level:** Easy Beginner

**Choreographer:** Gail Smith (Nov 2013)

**Music:** Sugar by the Jane Dear Girls, Album: Jane Dear

INTRO: 16 Counts, Begin on Vocals

## ROCKING CHAIR, 1/4 TURN, 1/4 TURN

1 - 2            Rock R fwd, recover onto L  
3 - 4            Rock R back, recover onto R  
5 - 6            Step R fwd, pivot 1/4 turn L (weight to L)  
7 - 8            Step R fwd, pivot 1/4 turn L (weight to L) 6:00

## SIDE STEPS AND TOUCHES

1 - 2            Big step with R out to side, touch L toes next to R foot  
3 - 4            Touch L toes out to side, touch L toes next to R foot  
5 - 6            Big step with L out to side, touch R toes next to L foot  
7 - 8            Touch R toes out to side, touch R toes next to L foot 6:00

## FWD, STOMP, FWD, STOMP, HEEL SWIVELS ( The Twist )

1 - 2            Step R fwd, stomp L next to R foot  
3 - 4            Step R fwd, stomp L next to R foot  
5 - 8            Swivel heels L, R, L, R ( body is angled slightly L ) 6:00

## 1/4 TURN JAZZ BOX w / TOE STRUTS ( finger snaps or claps )

1 - 2            Step R toes across L, step R heel down & snap or clap  
3 - 4            Step L toes back, step L heel down & snap or clap  
5 - 6            1/4 turn R and step R toes to side, step heel down & snap or clap  
7 - 8            Step L toes fwd, step L heel down & snap fingers or clap 9:00

REPEAT

\*\*\*\*\* Jazz box variation - Steps with holds and finger snaps or claps

Contact: smith\_n\_western\_2000@yahoo.com