

Rocks "N" Your Shoes

Choreographed by Phyllis Manier

Description: 32 count, 2 wall, beginner intermediate line dance

Music: Rocks In Your Shoes by Emily West.

TRIPLE ¼RIGHT, TRIPLE ¼RIGHT, BACK ROCK STEP RIGHT, KICK BALL CHANGE

1&2 Triple in place stepping right, left, right making a ¼turn right

3&4 Triple in place stepping left, right, left making a ¼turn right

5-6 Rock right back, recover to left

7&8 Right kick ball change

HALF TURN LEFT, SHUFFLE FORWARD, CROSS ¼TURN LEFT, SLIDE TOUCH

1-2 Step right forward, turn ¼left (weight to left)

3&4 Shuffle forward right, left, right

5-6 Cross left over right, ¼turn left and step right back

7-8 Step left far to side, slide/touch right beside left (12:00)

SHUFFLE FORWARD CROSS ¼TURN LEFT & CROSS TURN ½TURN

1&2 Shuffle forward right, left, right

3-4 Cross left over right, ¼turn left and step right back (9:00)

&5-6 Step left together, cross right over left, turn ¼left and step left forward (6:00)

7-8 Step right forward, turn ¼left (weight to left, 12:00)

TRIPLE ¼LEFT COASTER STEP LEFT FUNKY WEAVE

1&2 Triple in place turning ¼left stepping right, left, right

3&4 Coaster step left, right, left

5-6 Cross right behind left (right leg straight, left leg bent), step left to side (left leg straight, right leg bent)

7-8 Cross right over left, (right leg straight, left leg bent), step left to side (left leg straight, right leg bent)

REPEAT

RESTART

On wall four dance the first 16 counts (up to slide touch) and restart the dance