

# Jai Ho

Choreographed by Amy Christian-Sohn

Description: Phrased, 2 wall, intermediate line dance

Music: Jai Ho (You Are My Destiny) by A. R. Rahman Feat Nicole Scherzinger of Pussycat Dolls [CD: Slumdog Millionaire Soundtrack]

Sequence: A-, B, A-, BCC, AB, A-, B, A-, BCC, ABCC, BB

Intro: 32 counts Arm movements are optional

## PART A

The first 16 counts of Part A is A-

### ROCKING CHAIR, SIDE, ROCK, STEP, HOLD

1-4 Rock right forward, recover to left, rock right back, recover to left

5-8 Rock right to side, recover to left, step right together, hold (or touch left together)

### ROCKING CHAIR, SIDE, ROCK, STEP, HOLD

1-4 Rock left forward, recover to right, rock left back, recover to right

5-8 Rock left to side, recover to right, step left together, hold (or touch right together)

A- ends here

### SIDE, ROCK, RECOVER, SIDE, ROCK, RECOVER TWICE

1&2 Step right to side, cross/rock left behind right, recover to right

3&4 Step left to side, cross/rock right behind left, replace on left

5-8 Repeat counts 1-4

### ¼TURNS WITH HIP ROLLS X 4

1-2 Step right forward, turn ¼left (weight to left) (roll hips)

3-4 Step right forward, turn ¼left (weight to left) (roll hips)

5-8 Repeat counts 1-4

## PART B

### STEP, HOLD, STRAIGHTEN UP, HOLD, ¼HITCH HEEL BOUNCE, HEEL BOUNCE, STEP, TOUCH

1-2 Step right to side (bend knees, hands clasped together above your head), hold

3-4 (Straighten up) touch left together (hands still clasped together at chest level), hold

5-6 Turn ¼left bouncing right heel twice (hitch left knee, hands still clasped together at chest level)

7-8 Step left forward, touch right together

### OUT, OUT, SHOULDER POPS, ROCK BACK, RECOVER, STEP, PIVOT ¼

1-2 (Drop hands) step right to side, step left to side

3-4 Pop right shoulder, pop left shoulder

5-6 Rock right back, recover on left

7-8 Step right forward, turn ¼left (weight to left)

## PART C

### RIGHT SAMBA, LEFT SAMBA, RIGHT SAMBA, LEFT SAMBA

1&2 Cross right over left, rock left to side, recover to right

3&4 Cross left over right, rock right to side, recover to left

5-8 Repeat counts 1-4

Optional arms: look at hands as hands cross in flowing motion, moving upwards

### ROCK, RECOVER, FULL TRIPLE, ROCK, RECOVER, TRIPLE ½TURN

1-2 Rock right forward, recover on left

3&4 Triple full turn right stepping right, left, right

5-7 Rock left forward, recover on right

7&8 Triple turn ¼left stepping left, right, left

### CROSS, POINT, CROSS, POINT, JAZZ BOX

1-2 Cross right over left, touch left to side

3-4 Cross left over right, touch right to side

5-8 Cross right over left, step left back, step right to side, step left together

### STEP BUMP BUMP TWICE, SWAY X 4

1-3 Step right to side and bump right hip twice, bump left hip twice

5-9 Sway right, left, right, left

## ENDING

On the last Part B, you will be at the 9:00 wall. Dance right till the shoulder pops, on counts 3-4 (11-12). On count 5, turn ¼right (facing the front wall), and step right to side, knees bent, hands clasped together