

# Get Down To The Nitty Gritty

**Count:** 32    **Wall:** 4    **Level:** Improver / Easy Intermediate

**Choreographer:** Annemaree Sleeth (Australia)

**Music:** "Nitty Gritty" by Kimberly Cole (98 bpm)

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**(32 Count intro – from the Beginning - Start on the word "back".)**

## **Section 1: Touch, Touch, Sailor, Touch, Touch, 1/2 Sailor**

- 1 – 2            Touch right forward, touch right side ,
- 3&4            Cross right behind left, step left side, step right side,
- 5 -6            Touch left forward, touch left side
- 7&8            Cross left behind right, turn ½ left stepping right to right side, step forward left [6:00]

## **Section 2: Charleston, Step Lock , Step Lock Step**

- 1- 2            Swing right touch forward. Step back on right.
- 3 - 4            Swing left touch back, Step forward left,
- 5 – 6            Step forward right, lock left behind right,
- 7& 8            Step forward right, lock left behind right Step right forward right,

## **Section 3: Step ½ Pivot, Rock & Cross, Step ¼ Pivot , Cross And Heel**

- 1 - 2            Step forward left, pivot ½ right [12:00]
- 3 &4            Rock left side, recover right, slightly cross left over right, 12:00 ,
- 5 – 6            Step forward right, pivot ¼ left, 9:00
- 7 &8            Cross right over left, step left side, right heel 45 forward

**Restart here on wall 3 facing [3:00]**

## **Section 4: & Step, Pivot 1/2 Turn Right, Forward Touch, Step 1/4 Pivot, Step 1/4.**

- &1 –2            Step ball of right beside left, step forward on left, pivot 1/2 turn right. [3:00]
- 3 – 4            Step forward on left, touch right side .
- 5– 6            Step forward right, pivot 1/4 left [12:00]
- 7 – 8            Step forward right, pivot 1/4 left. [9:00]

**Repeat**

**Option : Emphasis hips action as you move on the step locks**

**Restart on wall 3 after 24 counts, after section 3 [3:00]**

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