Get Down To The Nitty Gritty

Count: 32  Wall: 4  Level: Improver / Easy Intermediate
Choreographer: Annemaree Sleeth (Australia)
Music: “Nitty Gritty” by Kimberly Cole (98 bpm)

(32 Count intro – from the Beginning - Start on the word "back".)

Section 1: Touch, Touch, Sailor, Touch, Touch, 1/2 Sailor
1 – 2  Touch right forward, touch right side ,
3&4  Cross right behind left, step left side, step right side,
5 -6  Touch left forward, touch left side
7&8  Cross left behind right, turn ½ left stepping right to right side, step forward left [6:00]

Section 2: Charleston, Step Lock , Step Lock Step
1- 2  Swing right touch forward. Step back on right.
3 - 4  Swing left touch back, Step forward left,
5 – 6  Step forward right, lock left behind right,
7& 8  Step forward right, lock left behind right Step right forward right,

Section 3: Step ½ Pivot, Rock & Cross, Step ¼ Pivot , Cross And Heel
1 - 2  Step forward left, pivot ½ right [12:00]
3 &4  Rock left side, recover right, slightly cross left over right, 12:00 ,
5 – 6  Step forward right, pivot ¼ left, 9:00
7 &8  Cross right over left, step left side, right heel 45 forward

Restart here on wall 3 facing [3:00]

Section 4: & Step, Pivot 1/2 Turn Right, Forward Touch, Step 1/4 Pivot, Step 1/4.
&1 –2  Step ball of right beside left, step forward on left, pivot 1/2 turn right. [3:00]
3 – 4  Step forward on left, touch right side .
5– 6  Step forward right, pivot 1/4 left [12:00]
7 – 8  Step forward right, pivot 1/4 left. [9:00]

Repeat

Option : Emphasis hips action as you move on the step locks

Restart on wall 3 after 24 counts, after section 3 [3:00]

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